COURSE OUTLINE

| OMA Dept. Abbr. | OMA*103 Course No. | | Ophthalmic Clinical Skills and Procedures Course Title | | 4 Credits |
|-----------------|--------------------|--|--|--|-----------------|
| Prepared by | ODD Department | Rose Malczynski Dorothy Mikulski Faculty | Raymond Dennis Program Coordinator | Dr. Lin Lin Academic Division Director | Sept. 2015 Date |

OMA*103, Ophthalmic Clinical Skills and Procedures (4 credits)

This course emphasizes basic skills in patient care and examination techniques to include medical history taking and the assessment of the pupils. Additional clinical training will include tonometry, first aid treatment, retinoscopy, biomicroscopy, objective and subjective refractometry, measuring vital signs, clinical equipment maintenance and visual field analysis. Other topics include an overview of ophthalmic pharmacology, comparing drug delivery systems and administering and recording topical and oral medications at a physician's direction. A safety component of the course covers office and clinic safety, microbiology, disinfection/sterilization and control of infections and prevention of contamination in a medical facility, Prerequisite: Eligible for ENG*101 or ENG*101E

General Objectives of the Course Upon completion of this course the learner will be able to:

- 1. Describe the advantages and disadvantages of various methods of drug delivery
- 2. Describe the components of a medical prescription
- 3. Describe and demonstrate the correct method of instilling drops and ointments
- 4. Test and record visual acuity
- 5. Test and record the visual field
- 6. Measure, compare, and evaluate pupil function
- 7. Perform automated and manual keratometry and record keratometry readings
- 8. Define and measure intraocular pressure
- 9. Measure intraocular pressure
- 10. Assess and record the results of supplemental eye tests
- 11. Perform the external examination with penlight and slit lamp
- 12. Measure and record axial length
- 13. Clean, sterilize, and prepare instruments for minor office surgical procedures
- 14. Assist the physician with office-based minor surgical procedures
- 15. Apply proper sterile technique procedures to ensure safety/security
- 16. Maintain surgical asepsis and universal precautions
- 17. Measure refractive error with an automated refractor
- 18. Perform and record retinoscopy
- 19. Refine refractive error (sphere and cylinder) using phoropter or trial lenses in +/- cylinder
- 20. Use refractometry techniques: fogging, duo chrome, binocular balance
- 21. Describe procedures for collecting, labeling, preserving, staining, and culturing of specimens from patients with ocular problems
- 22. Explain the principles of electrophysiological tests and prepare patient and equipment for tests
- 23. Perform ocular motility tests

| Unit # | Instructional Unit | Specific Objectives of Unit | |
|--------|--------------------|---|--|
| | | Upon completion of this course the learner will be able to: | |
| 1. | Pharmacology | 1. Describe the components of a medical prescription | |
| | | Describe and demonstrate the correct method of instilling drops and ointments | |
| | | 3. Describe the indications, contraindications, and potential side effects of common ophthalmic medications | |
| 2. | Visual Assessment | 1. Test and record visual acuity appropriately for patients with all levels of | |
| | | acuity (e.g., count fingers, hand motion, light perception, no light perception) | |

| | T | 2. Test and record visual equity using the ninhele cooluder |
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| | | 2. Test and record visual acuity using the pinhole occluder |
| | | 3. Test and record visual acuity using Allen figures or picture tests |
| | | 4. Test and record near vision |
| 3. | Visual Fields | 1. Test and record using a Amsler Grid |
| | | 2. Test and record and calibrate using the Goldmann perimeter |
| | | 3. Determine proper correction for the visual field test |
| | | 4.Test and record using the Automated perimeter and record Confrontation |
| | | fields |
| 4. | Pupillary Assessment | 1. Measure, compare, and evaluate pupil function - Direct and consensual |
| | | response |
| | | 2. Identify relative afferent pupillary defect using the swinging-light test |
| 5. | Keratometry | 1. Perform automated and manual keratometry and record keratometry |
| | | readings |
| 6. | Tonometry | 1. Define and measure intraocular pressure |
| | | 2. Clean and disinfect tonometers |
| 7. | Supplementary Tests | 1. Assess and record anterior chamber depth (pen light) |
| | | 2. Perform and record color vision |
| | | 3. Perform and record pachymetry |
| | | 4. Perform and record Schirmer tests |
| | | 5. Perform and record Amsler Grid |
| 8. | Examination of the Eye | 1. Perform the external examination - demonstrate use of the penlight and |
| | and Face | demonstrate use of slit lamp |
| | | |
| 9. | Biometry | 1. Measure and record axial length of the eye |
| | | |
| 10. | Refractometry, | Measure refractive error with an automated refractor |
| | Retinoscopy, and | 2. Perform and record retinoscopy |
| | Refinement | 3. Refine refractive error (sphere and cylinder) using phoropter or trial lenses |
| | | in +/- cylinder |
| | | 4. Perform refractometry techniques: fogging, duo chrome, binocular balance |
| 11. | Supplementary Tests – | Perform and record stereoacuity testing and glare testing |
| | Advanced | 2. Perform and record automated perimetry |
| | | 3. Perform and record manual perimetry |
| | | 4. Identify the indications of use for the direct ophthalmoscopy, indirect |
| | | ophthalmoscopy, and slit lamp lenses |
| | | |
| 12. | Ophthalmic Imaging | 1. Label photos with patient identification |
| | | 2. Perform external photography |
| | | 3. Perform and record corneal topography |
| | | 4. Perform and record fundus photography |
| 13. | Special Diagnostic | Describe procedures for collecting, labeling, preserving, staining, and |
| 10. | Testing | culturing of specimens from patients with ocular problems |
| | | |
| 14. | Electrophysiology | Explain the principles of binocular vision and perform advanced color |
| | | vision tests. |
| 15. | Abnormalities of | I. Identify indications for motility testing based on patient symptoms |
| 13. | Binocular Vision | 2. Perform advanced ocular motility tests |
| | Dinocular vision | 3. Test for abnormal binocular vision |
| | | 5. Lest for authorities office and vision |

COURSE SYLLABUS

Textbooks and other required readings/computer software/materials/library reserve room: None

Office Location (building/room number): Chapman Hall / Room 625

Office-

Office Hours: By appointment

Email: Rose Malczynski <u>-rose.malczynski@gmail.com</u> Dorothy Mikulski - dmikulski81@vahoo.com

Class Cancellation Policy:

Class Cancellation will be determined by the College administration, and will disseminated by a variety of media outlets including both television and radio. (See information below)

Evaluation (exams, projects, etc., and percentages towards final grades):

Grades will be based on performance on class exams, class assignments and assessments, the final exam, and class participation. Computation of the grades will be as follows:

TEST #1 - 25% TEST #2 - 25%

Assessments and homework - 20%

FINAL Exam - 25% Class Participation - 5%

Letter Grade Equivalents

(A) 100 95 (B) 86 84 (C) 76 74 (D) 66 64 (A) 94 90 (B) 83 80 (C) 73 70 (D) 63 60 (B+) 89 87 (C+) 79 77 (D+) 69 67 (F) 59 and under

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Primary Title IX Coordinator Dr. Adrienne Maslin; Dean of Students/Title IX and Section 504/ADA Coordinator amaslin@mxcc.edu; 860-343-5759; Founders Hall Room 123

Secondary Title IX Coordinator Ms. Queen Fordham, Coordinator of the Meriden Center Welcome Desk qfordham@mxcc.edu; 203-608-3011.