# MiddlesexCommunity College Student Course Outline

# General Psychology

"All of life is a journey. Which paths we take,
what we look back on, and what we look
forward to is up to us. We determine our destination,
what kind of road we will take to get there,
and how happy we are when we get there."

Course #: 3379

Semester: Fall 2016, August 29, 2016-December 16, 2016

Semester Hours: 3

Instructor: Christopher Arnold, MA

Worksite: Albert J. Solnit Children's Center 860-704-4230

Office Hours: By appointment

Email: carnold@mxcc.commnet.edu

This outline is offered as a guide to the semester and is subject to change at the instructor's discretion.

<u>Course Description:</u> Introduction to the methodology and history of Psychology with emphasis on the topics of learning, thinking, personality, development, motivation, emotion, behavior disorders, therapy and social psychology.

# Textbook: Essentials of Understanding Psychology,

Feldman, Robert, 11 edition, McGraw-Hill Publishers

<u>ISBN</u> # 9780077861889

### Course Objectives:

- 1. Understand the terminology, theories and concepts of general psychology.
- 2. Compare and contrast the major psychological theories and their application to behavior.
- 3. Apply the major psychological concepts to human behavior in general and to his or her own behavior in particular.

### Disability:

If you have a hidden or visible disability that may require classroom or test taking modifications, please inform me as soon as possible. Students with physical or learning disabilities who may require accommodations are encouraged to contact the counseling office.

### Academic Ethics:

At Middlesex Community College, we expect the highest standards of academic honesty. Academic dishonesty is prohibited in accordance with the Board of Trustees'

Proscribed Conduct Policy found in Section 5.2.1 of the board of trustees' Policy manual. This policy prohibits cheating on examinations, unauthorized collaboration on assignments, unauthorized access to examinations or course materials, plagiarism, and other proscribed activities. Plagiarism is defined as the use of another's ideas or phrase(s) and presenting those ideas as your own, either intentionally or unintentionally. The use of Website or library materials without proper citation is a form of academic dishonesty and will not be tolerated. Students found guilty of academic dishonesty will receive a "Failing" grade in the course.

### Instructors Message:

My goal is for students to learn and comprehend the material presented to them. Any difficulty a student may encounter should be discussed with the instructor to determine the best plan for achievement.

Gradina Scale:

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		Α	100-93	A-	92.9-90
B+	89.9-87	В	86.9-83	В-	82.9-80
<b>C</b> +	79.9-77	C	76.9-73	C-	72.9-70
D+	69.9-67	D	66.9-63	D-	62.9-60
F	<60	UF			

Students who enroll in a course, do not officially withdraw, fail to participate in course activities through the end of the term, and who have insufficient gradable work during the course, should now be given a final grade of "UF" – "unearned F." The same is true for students who enroll in a course, never attend, and never officially withdraw.

#### Weekly Discussion Board Participation 20%

Each week you will be assigned a discussion question that requires your response. In order to receive full credit for the discussion board, respond to the current question as well as interact

with your classmates. You must respond to at least <u>two</u> other postings of different students in order to receive full credit. You will be graded on how completely you answer the assigned discussion question and by the quality of your responses to the other postings. Your use of critical thinking skills, conducting research on the discussion question and applying knowledge from your readings will be assessed.

# The weekly discussion assignments are work 15 points each. Part I. Points for the Answers to the Questions (12 Points)

Discussion Grading Rubric	Points
Provided complete details &	12
explanations in an organized manner	
using complete sentences for the	
Discussion Question addressed in the	
discussion assignment. Complied with	
all Discussion Board requirements per	
syllabus.	
Provided details & explanations in an	8
organized manner using complete	
sentences for the Discussion Question.	
Complied with most weekly	
requirements per syllabus.	
Details & explanations were very	4
limited but writing was organized for	
some of the discussion question. Did	
not comply fully with Discussion	
Board requirements per syllabus	
Details & explanations were very	1
limited with no organization. Did not	
comply with discussion board	
requirements per syllabus.	

Part II. Points for the Responses to Others

3 Points:
Responded to at least TWO messages with explanations.

1 Points: Responded to at least TWO messages without explanations.

**0 Points**: Does not respond to

any one.

### Submit exams in Assignment Drop box.

2 Term Paper Assignments: 15 % each , due October 16, 2016 and December 11, 2016.

Students will be expected to write two paper (4 pages), on a topic dealing with Learning and the second on Mental Health. Before committing to a topic, please consult with the instructor as to what topic you have chosen...

## Paper Format

### Each paper must include the following:

- 1. Title page with topic title, and on the lower right hand side of the page, your name, and date.
- 2. Body of paper should include introduction, main content and conclusion.
- 3. Any graphics, charts, tables or pictures you wish to include within the paper to enhance it are fine, but there must be 4 pages of text.
- 4. A bibliography at the end of the paper listing at least 3 sources, must be listed correctly .
- 5. Citations in the form of footnotes if direct quotes, statistical information or other information is taken directly from a source is used.

### Topical Outline

### You are responsible for the assignments listed below

You are responsible for the assignments listed below whether or not you are present in class.

### Week of:

Chapter 1 Week 1 8/29-9/4 Introduction to Psychology

9/3 due date for student response -9/4 due date for discussion comments

Chapter 2 Week 2 9/5–9/11 Neuroscience and Behavior

9/10 due date for student response -9/11 due date for discussion comments

Chapter 3 Week 3 9/12–9/18 Sensation and Perception

9/17 due date for student response -9/18 due date for discussion comments

Chapter 4 Week 4 9/19--9/25 States of Consciousness

9/24 due date for student response -9/25 due date for discussion comments

Chapter 5 Week 5 9/26-10/2 Learning

10/1 due date for student response -10/2 due date for discussion comments

Chapter 6 Week 6 10/3-10/9 Memory

10/8 due date for student response -10/9 due date for discussion comments

Chapter 7 Week 7 10/10-10/16 Thinking, Language and Intelligence

10/15 due date for student response -10/16 due date for discussion comments

Chapter 8 Week 8 10/17-10/23 Motivation and Emotion

10/22 due date for student response -10/23 due date for discussion comments

Chapter 9 Week 9 10/24-10/30 Development

10/29 due date for student response -10/30 due date for discussion comments

Chapter 10 Week 10 10/31-11/6 Personality

11/5 due date for student response -11/6 due date for discussion comments

Chapters 11 Week 11 11/7-11/13 Health Psychology

11/12 due date for student response -11/13 due date for discussion comments

Chapter 12, Week 12 11/14-11/20 Psychological Disorders

11/19 due date for student response -11/20 due date for discussion comments

Chapter 13, Week 13 11/21-11/27 Treatment of Psychological Disorders

11/26 due date for student response -11/27 due date for discussion comments

Chapter 14, Week 14 11/29–12/4 Social Psychology

12/3 due date for student response -12/4 due date for discussion comments

If one cannot state a matter clearly enough so that even an intelligent twelve-year-old can understand it, one should remain within the cloistered walls of the university and laboratory until one has a better grasp of one's subject.

--Margaret Mead