

F.Y.I.

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Looking for a Job?

The Career Development and Counseling Center has a number of resources to help you with your job search.

Employers list part-time, full-time and internship positions as well as seasonal (holiday/summer) jobs with our office. Some of these positions are posted on the bulletin board outside of our office, Founders Room 121. But many more can be found on our online job board: **CCN (College Central Network)**. You can find the CCN logo on our homepage or you can go directly to their website to register from the icon below:

(Control +Click below)



Most employers will ask you to schedule a time to meet and/or go in



to fill out an application. However, some employers will request that you forward a resume and cover letter. If you are unsure how to prepare these job search documents, we have materials available in our office to assist you. Please stop by or call the office (860-343-5826) to schedule an appointment for someone to review your resume and make recommendations.

Inside this issue:

MxCC Scholarships	2
Finding Your Career Path	3
Planning to Transfer?	4
UB's IDEAL Program	5
Mini Transfer Fairs	5
Spring Calendar	6-7
Scholarship Information	8-9

*Our greatest glory
is not in never
falling, but in rising
every time we
fall."*

– Confucius

Priority Registration

Summer Registration Dates

Priority registration (continuing students only, online & in person) for Summer 2016 is scheduled for March 21, 22, and 23rd. New students can register for summer beginning March 24th. (The summer schedule is now online)

Fall Registration Dates

Online priority registration (continuing stu-

dents only) will begin April 4th. In person registration for continuing students will begin on April 18th. The new student registration schedule will be announced at a later date.

All students are assigned an advisor. Meeting with your advisor is an important part of the registration process. If you are unsure of who your advisor is, you may log onto (control+click) www.my.comnet.edu, select Banner Self-Service, select Student Records, select View Student Information, and then look for your primary advisor's name.



\$\$\$\$ GET MONEY FOR COLLEGE! \$\$\$\$

APPLY FOR AN MxCC SCHOLARSHIP!

DEADLINE: MARCH 1

Check your official student email account
for an email containing all the details,
go to www.mxcc.edu/foundation,
or Control + Click the link below:



Finding Your Career Path



Congratulations! You most likely have now completed one, two, or more semesters here at Middlesex Community College. Now that you have better determined the amount of time needed to study, the academic expectations of faculty, and the complexities of balancing school, home and work, it may be time to look at how your education at Middlesex will assist in your future endeavors.

There are literally thousands of careers that exist and more that develop every year. Determining in what capacity you want to enter the workforce is a difficult decision. There are many issues to consider. The most crucial part of this decision making process is self-assessment...in other words...looking at yourself and determining your interests, abilities, and values and how these might best translate into the world of work.

To begin, try to identify your areas of interest. What do you enjoy? Which activities make you happy? Do you like to interact and work with others? How do you feel about working with your hands and making things? Do you like to do creative/artistic activities? Are you someone who enjoys calculating and/or analyzing data? Do you enjoy being outside? These are a few of the questions to consider as you try to determine what your interests are. As you think about starting in a career, try to determine what you like.

After you have gathered information concerning your inter-

ests, try to determine your abilities...those things you do well. What are you "good at"? Again there may be numerous skill sets that you may possess. You may have the ability to communicate effectively; to persuade others; to advise or guide. Your skills may include: research, writing, analysis, or data collection. Some people write well while others have artistic ability. Try to sit down and brainstorm a list of those things you do well. Often it is helpful to speak with those who know you well and solicit input from them. Sometimes it is difficult for people to identify skills because we do not often sit around thinking about what we do well. As you attempt to make tentative career decisions, it simply makes sense to take inventory of your skills.

Another critical component of self-assessment is identifying your values. What is really important to you? For some, contributing to the welfare of others is crucial. Others consider it very important to have a prestigious career. Some work values include type of setting (office/outdoors/school), work schedule (40 hours/flexible schedule/"traditional 9-5"), role/importance of compensation, utilization of previous education/training, travel requirements, or stability of the field. Determining your values as they pertain to work is important; most of us spend at least a third of our day in the work environment. Take some time and think about in what environment you might flourish.

Now, you may say this is all

fine but...I love art but I have no abilities in that area, or sports is something I enjoy, but how will I make money in it, or I am really good at math, but I would not want to work with numbers all day, or it is important to me that I give back to society and help others but can I make the type of income I want in the "helping" professions. All of the above statements are legitimate. However, learning about you is the first step in the process. Then, yes, you may determine a mismatch with an occupation based on any of these criteria. If you like art but do not believe you have the ability level to develop a career, then maybe you choose to draw as a hobby. Another option might be to utilize your skill set in an environment that is attractive. Remember, even museums have people who are accountants! If you cannot find an occupation that meets your financial needs based on function, then maybe you choose to become involved in a civic organization and earn an income in another type of position. There is no exact formula for determining your career. The more you learn about yourself and the types of occupations that exist, the more the likelihood of you making sound decisions.

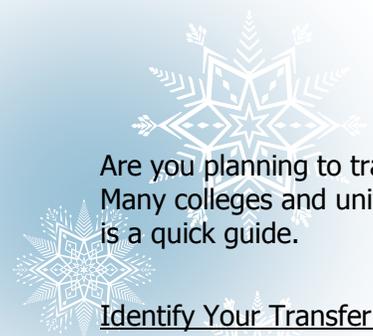
And after you have made these tentative decisions what do you do? There are numerous ways to explore occupations. Some of these include reading materials on careers, speaking with those already employed in the field, taking coursework in the area, or volunteering/working part time in the occupation.

Here in the Career Development and Counseling Center, Founders 121, we have resources to assist you in this journey. Our career counselors may aid you in evaluating your interests/abilities/values through simply speaking with you. In addition our computerized guidance system, *Focus* has inventories that may assist you in assessment. The Career Center library has books that describe career fields and discussed alternatives. There are also on-line resources you may access through our website. We encourage you to stop in the office or call 860-343-5826 and schedule an appointment!

About Us:

Middlesex Community College
The Career Development & Counseling Center
Founders Hall
Room 121
860-343-5826
Staff:
Emily Canto & Gail Mozzicato,
Counselors
Heidi Carlson-Kennedy,
Secretary

We're on the web:
www.mxcc.edu/cdcc



Planning to Transfer?

Are you planning to transfer this Fall? If so, now is the time to begin planning and researching. Many colleges and universities have early application deadlines. So what do you need to do? Here is a quick guide.

Identify Your Transfer Institution

Meet with a Middlesex counselor, attend the mini transfer fairs described on the next page, and visit the colleges & universities that are your top choices. It is important to gauge how well your intended transfer institution meets your individual educational and social needs.

Are You A Transfer Student?

Based on your research, note whether or not you “qualify” as a transfer student. Many colleges and universities require a minimum number of credit hours from college to be considered a transfer student. Get clarification. Even though you are attending college, you may still have to forward high school and/or SAT information if you do not have the required number of credits to be considered a transfer student.

Essays & Letters of Recommendation

A well prepared essay and letters of recommendation take time to do well. If an essay is required for your application, write a rough draft and then seek input from a faculty member or the Career Development & Counseling Center staff.

When requesting letters of recommendation, contact individuals early enough to provide them sufficient time to write a letter. Also, please note that if the application solely asks for the names of individuals providing recommendations, you must obtain permission from individuals prior to using their name.

Transcripts

You will need to forward official transcripts from Middlesex (and any other college you have attended) directly to each school you apply to. If you are a first semester student, find out if the college/university wants a current schedule or simply grades sent at the end of the semester. If you are a student who has attended Middlesex prior to this semester and have an established academic record, you will need to forward transcripts at the time of application and again at the end of the semester after you obtain all spring semester grades.

Financial Aid

If you are planning to apply for financial aid, **you must forward your FAFSA report directly to the colleges/universities you plan to apply to.** They will determine if you qualify under their guidelines.

Does all of this seem a bit overwhelming? If so, please do not hesitate to contact the Career Development & Counseling Center, Founders Hall, Room 121, 860-343-5826, for assistance.

Is IDEAL Ideal for You?

The **IDEAL Program at the University of Bridgeport** is designed with the adult learner in mind. It offers adult learners the opportunity to complete an undergraduate degree through accelerated coursework. Whether you are balancing work, family or other commitments, the IDEAL program offers you the flexibility and convenience to complete your studies.

Classes are offered:

- One night a week
- 3-4 hours an evening
- In 5-8 week sessions

This allows you to focus on one class at a time, go at your own pace, attend class with other adults, and earn your degree quickly!

A strong candidate for the IDEAL program would have the following:

- Generally the minimum age of students entering the IDEAL Program is 23
- Either English 101 Composition with a grade "C" or above or successful completion of the English Placement Test (EPT) administered by IDEAL.
- US Citizen or Permanent Resident
- Previous college or work experience is preferred

A representative from UB's IDEAL Program will be on campus the following dates:

IDEAL on the Meriden Campus

Thursday, February 11, 10am-1pm

Monday, April 4, 4-7 pm

IDEAL on the Middletown Campus

Tuesday, March 29, 10am-1pm (Student Lounge)

Monday, April 18, 4-7 pm (Snow Hall Lobby)



"Mini" Transfer Fairs

"Transfer Tuesdays" are back again by popular demand, and this semester we've added "Transfer Thursdays" at the Meriden Center! Stop by to speak with transfer representatives from the following colleges & universities:

Tuesday, February 23, 10 am-1pm

Middletown, Student Lounge

- Albertus Magnus College (East Hartford & New Haven)
- Central CT State University (New Britain)
- Southern CT State University (New Haven)
- Quinnipiac University (Hamden)
- University of Connecticut (Groton & Storrs)
- University of Bridgeport (Bridgeport)
- Post University (Waterbury)

Thursday, March 17, 11am-1pm

Meriden, Community Room

- University of Bridgeport IDEAL Program
- Post University
- Albertus Magnus College

Tuesday, March 29, 10am-1pm

Middletown, Student Lounge

- Bay Path University (Longmeadow, MA)
- University of Hartford (West Hartford)
- University of New Haven (New Haven)
- Sacred Heart University (Fairfield)
- University of Saint Joseph (West Hartford)
- University of Massachusetts—Lowell (Lowell, MA)
- University of Bridgeport, IDEAL Program (Bridgeport, Stamford, and Waterbury)

Tuesday, April 12, 10 am-1 pm

Middletown, Student Lounge

- Albertus Magnus College (East Hartford & New Haven)
- Western CT State University (Danbury)
- FIDM (Fashion Institute of Design, Los Angeles, CA)
- Eastern CT State University (Willimantic)
- University of Bridgeport (Bridgeport)

Thursday, April 28, 11 am-1 pm

Meriden, Community Room

- Post University
- Fashion Institute of Design (FIDM-Los Angeles, CA)
- Southern CT State University

Calendar of Events--Spring 2016

FEBRUARY

Wednesday February 17 12 noon-1pm	Wheaton Hall Room 308	RESUME WORKSHOP Learn how to prepare a professional resume & cover letter that reflect your skills, knowledge, and education as they relate to the job you are seeking. Start your first or update your existing resume and cover letter.
Monday February 22 12 noon-1pm	Wheaton Hall Room 308	FOCUS ON YOU! Are you undecided about your career or major? Focus 2, an online career exploration system will help you with selecting the right major and planning your career based on talents, interests, values & goals. Students will access the Focus 2 program during this interactive workshop.
Tuesday February 23 10am-1pm	Founders Hall Student Lounge	MINI COLLEGE TRANSFER FAIR The following colleges/universities will be here to answer your questions: Albertus Magnus College, University of Connecticut, University of Bridgeport, Central CT State University, Southern CT State University, Quinnipiac University, and Post University

MARCH

Wednesday March 9 12 noon	Snow Hall Room 415	QUESTION, PERSUADE, REFER Ask a question, save a life...Attend this workshop to learn techniques to start a life-saving conversation on suicide. QPR is not intended to be a form of counseling or treatment. QPR is intended to offer hope through positive action. QPR is intended to teach those who are in the position to recognize the warning signs, clues and suicidal communications of people in trouble how to act vigorously to prevent a possible tragedy.
Thursday March 17 11am-1pm	Meriden Center Community Room Room 102	MINI COLLEGE TRANSFER FAIR-MERIDEN The following colleges/universities will be here to answer your questions: University of Bridgeport IDEAL Program, Post University, and Albertus Magnus College
Monday March 28 12:30-1:30	Wheaton Hall Room 213A	CT COMMUNITY COLLEGE NURSING PROGRAM WORKSHOP Topics include application process, admissions requirements, curriculum and expectations, educational advancement: LPN to RN, RN to BSN, and financial aid.
Tuesday March 29 10am-1pm	Founders Hall Student Lounge	MINI COLLEGE TRANSFER FAIR The following colleges/universities will be here to answer your questions: Sacred Heart University, University of Hartford, University of St. Joseph, University of New Haven, University of Bridgeport, University of Massachusetts-Lowell, and Bay Path University
Wednesday March 30 12 noon-1pm	Wheaton Hall Room 308	FOCUS ON YOU! Are you undecided about your career or major? Focus 2, an online career exploration system will help you with selecting the right major and planning your career based on talents, interests, values & goals. Students will access the Focus 2 program during this interactive workshop.

Calendar of Events--Continued

APRIL

Monday April 4 4-7 pm	Meriden Center Lobby	UNIVERSITY OF BRIDGEPORT, IDEAL PROGRAM The IDEAL program is designed with the adult learner in mind. Attend class 1 night a week for 3-4 hours an evening in 5 & 8 week sessions. Focus on 1 class at a time. Go at your own pace. Attend class with other adult students. Classes are accelerated, so you can earn your degree quickly.
Monday April 11 By Appointment	Founders Hall Room 121	INDIVIDUAL APPOINTMENTS WITH CCSU TRANSFER STAFF Back by popular demand! You can schedule a 45-minute appointment on the MxCC campus with Central CT State University transfer staff to review your CCSU transfer plans. Stop by Founders Hall, Room 121, or call 860-343-5826 to reserve your time for November 9th
Tuesday April 12 10am-1pm	Founders Hall Student Lounge	MINI COLLEGE TRANSFER FAIR The following colleges/universities will be here to answer your questions: Albertus Magnus College, Western CT State University, Fashion Institute of Design (FIDM-Los Angeles, CA), Eastern CT State University, and University of Bridgeport
Wednesday April 13 12 noon-1pm	Wheaton Hall Room 308	RESUME & COVER LETTER WORKSHOP In a tough job market it's more important than ever to have a top-notch resume & cover letter. Start your first or update your existing resume and cover letter.
Monday April 18 12 noon	Snow Hall Room 415	QUESTION, PERSUADE, REFER Ask a question, save a life...Attend this workshop to learn techniques to start a life-saving conversation on suicide. QPR is not intended to be a form of counseling or treatment. QPR is intended to offer hope through positive action. QPR is intended to teach those who are in the position to recognize the warning signs, clues and suicidal communications of people in trouble how to act vigorously to prevent a possible tragedy.
Monday April 18 4-7pm	Snow Hall Lobby	UNIVERSITY OF BRIDGEPORT, IDEAL PROGRAM The IDEAL program is designed with the adult learner in mind. Attend class 1 night a week for 3-4 hours an evening in 5 & 8 week sessions. Focus on 1 class at a time. Go at your own pace. Attend class with other adult students. Classes are accelerated, so you can earn your degree quickly.
Monday April 25 12noon-1pm	Wheaton Hall Room 308	JOBS, JOBS, JOBS!!! A successful job search starts with good information and well-developed job hunting skills. Learn how to best utilize CCN (our online job board) and LinkedIn to become a successful job seeker.
Thursday April 28 11am-1pm	Meriden Center Community Room Room 102	MINI COLLEGE TRANSFER FAIR-MERIDEN The following colleges will on our Meriden campus to answer your questions: Post University, Fashion Institute of Design (FIDM-Los Angeles, CA), and Southern CT State University



NETA Transfer Scholarship for 2015 MxCC Grads

Each year the New England Transfer Association (NETA) awards a number of \$1,000 scholarships to students transferring from a NETA affiliated 2-year institution to a NETA affiliated 4-year institution.

Scholarship applicants must:

- Have a minimum Grade Point Average of 3.25
- Be eligible to receive an associate's degree during the 2015-16 academic year
- Transfer to a NETA affiliated four-year school
- Successfully complete 30 credits from the sending institution

Interested students should provide the selection committee with the following:

- Completed application with nomination from a NETA member
(MxCC's NETA Representative is Gail Mozzicato, Founders Hall, Room 121, 860-343-5826)
- Official college transcripts from all colleges attended
- Essay detailing educational and career goals
- Recommendation from faculty, advisor or counselor

****Last year, a Middlesex student was awarded a NETA Scholarship!**

Questions can be sent to:

Christopher Wystepek
Director of Undergraduate Admissions
Western New England University
FAX: 413-782-1777

EMAIL: cwystepe@wne.edu

Scholarship Nomination Form:
Control + Click on the NETA Icon Below



DEADLINE: Friday, March 25, 2016

Scholarship Website Search Engines

For many students, finding the funds to attend college is a challenge. Many students will qualify for assistance from federal financial aid, need based monies, that may be obtained through filing the FAFSA (www.fafsa.ed.gov). There often are funds available through the college or university that a student attends which may be awarded in the form of a grant, merit scholarship, or funded via a foundation, to list a few. Some college honor societies will be able to assist students in identifying resources for scholarships. Students may also find that their or their parent's employer sponsors scholarships or other alternatives for funding college expenses.

There are also numerous sources of potential scholarships available through private sources, some corporate, some foundation, some government as well as through philanthropic groups and organizations. We would recommend that you only consider those resources that are free to the student to use; however some of the scholarship sites may charge a fee. It takes time and energy to find these resources but the payoff, literally, may be what is necessary for you to find additional funding streams to afford college. Listed below are some of the better known websites to use in searching for scholarship information. Please recognize that these resources may change over time.

<http://mxcc.edu/financial-aid/scholarships/>

<http://www.mycollegescholarship.org/>

<http://www.superscholar.org/scholarships/25-popular-college-scholarships/>

<https://studentaid.ed.gov/types/grants-scholarships/finding-scholarships>

<http://www.fastweb.com/>

<http://www.free-4u.com/>

<https://www.scholarships.com/>

<http://www.collegescholarships.org/studentscholarships.org/>

If you would like assistance in utilizing these sources or discuss alternative ways by which you might be able to tap into these resources, please do not hesitate to contact the Career Development and Counseling Center, Founders Room 121, to find a time to meet with a counselor.

