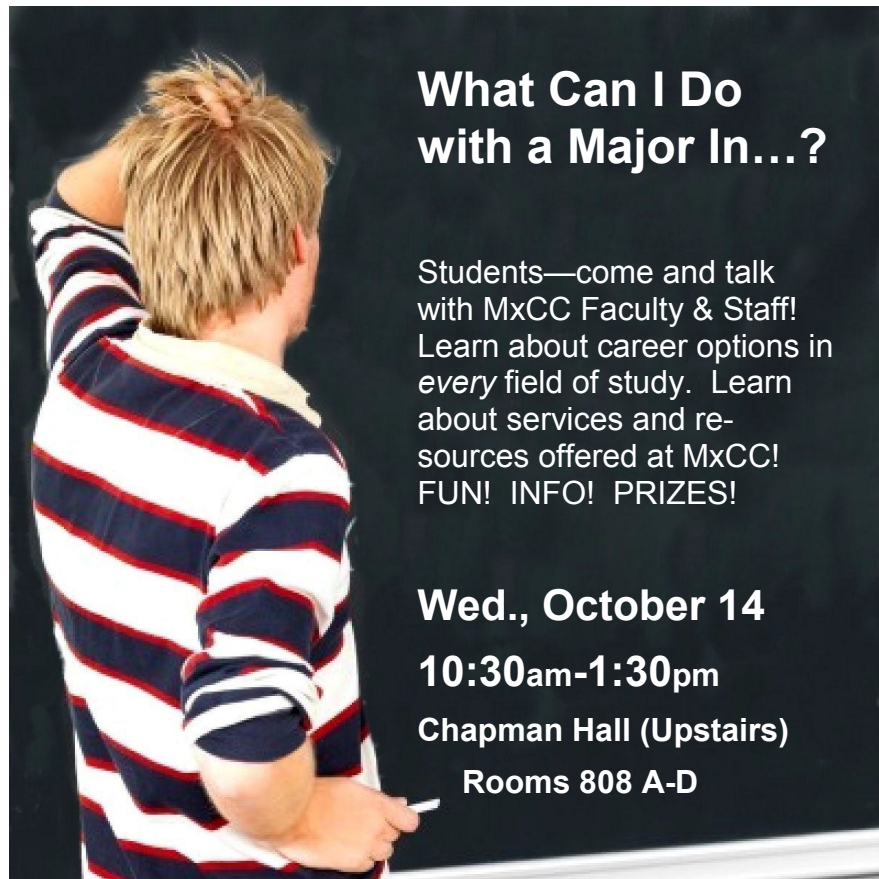


# F.Y.I.

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## What Can I Do with a Major In...?

Students—come and talk  
with MxCC Faculty & Staff!  
Learn about career options in  
*every* field of study. Learn  
about services and re-  
sources offered at MxCC!  
FUN! INFO! PRIZES!

**Wed., October 14**  
**10:30am-1:30pm**  
**Chapman Hall (Upstairs)**  
**Rooms 808 A-D**

## FYI:

- *Flu Shots for Students: October 12. Watch for times and locations*
- *MxCC's Priority Registration for Continuing Students, Spring 2016, is scheduled for November 2-24th.*

## EMPLOYER VISITS

Middlesex Community College offers employers the opportunity to recruit on-campus for full-time, part-time, seasonal, and internship positions. To start the Fall semester, we will be hosting the following employers:

- **Macy's Logistics**  
Tuesday, Sept. 29  
11:00am-1:00pm
- **Project Genesis**  
Thursday, Oct. 8  
10:30am-1:00pm
- **Vista Vocational & Life Skills Center**  
Monday, Oct. 19  
10am-12noon

Watch for announcements throughout the semester as more employer visits are scheduled.

All employers will be located in the Student Lounge/Cafeteria in Founders Hall. Stop by to learn more about these exciting opportunities.

## Nursing Information Session



© Can Stock Photo - csp14262450

Are you interested in becoming an RN through the Connecticut Community College Nursing Program (CT-CCNP)? If so, attend this highly informative session with Sarah A. White, Nursing Admissions Specialist. Learn about the CT-CCNP entrance requirements and how to prepare for application to the pro-

gram. Find out which courses to take at MxCC and what grades are required. Learn how students are selected for this highly competitive program; details about the CT-CCNP nursing courses and what is expected from accepted students.

- Capital CC (Hartford)
- Gateway CC (New Haven)
- Naugatuck Valley CC (Waterbury)
- Northwestern CT CC (Winsted)
- Norwalk CC (Norwalk)
- Three Rivers CC (Norwich)

**Tuesday, October 27**  
**1:00-2:00pm**  
**Wheaton Hall**  
**Room 305A**

### CT-CCNP Colleges:

**Connecticut's unemployment rate dropped slightly in August, falling from 5.4 to 5.3 percent as Connecticut added 3,200 non-farm jobs last month, the Department of Labor reported 9/17/15**

Thinking about looking for employment? The Career Development & Counseling Center has a number of resources to help you.

Many employers list part-time, full-time, seasonal (holiday & summer), and internship opportunities with our office. These positions are available on our online job board, [CCN](#) (Control + Click) [Click here to register](#) (it's

## Need a Job?

fast & free) and access hundreds of job listings today! In addition, some jobs are posted on our bulletin board outside our office (Founders Hall, Room 121).

Most of these positions will request that you contact the employer to schedule a time to meet or stop by to fill out an application. However, some jobs will request

that you send a resume & cover letter. Resume & cover letter help is available in several forms: we have books and handouts in our office and online, and CCN has helpful videos and podcasts. In addition, once you have developed a draft, you can schedule an appointment with a counselor for review and recommendations.

## MxCC's Annual College Transfer Fair



Is transfer in your future? If so, get answers to these and other important questions at the Transfer Fair:

- What types of majors do you have at your school?
- What are the admissions requirements for transfer students?
- What courses should I be taking now in preparation for transfer?

- What are the application and financial aid deadlines?

We anticipate that more than 30 colleges and universities will attend. Watch for details in the next few weeks.

**Wednesday**  
**November 18**  
**10:00 am - 1:00 pm**  
**Founders Hall**  
**Student Lounge**

## Planning to Transfer This Spring?

If so, it's time to start applying! Many colleges and universities have early deadlines; some are as early as October 1st. So what do you need to do? Here is a quick guide.

- 1) Identify your transfer institutions and obtain an application online. We recommend that you visit the colleges and universities you identify to get a better gauge of how well the college meets your educational as well as social needs.
- 2) Find out if you qualify as a transfer student. Many colleges and universities require a minimum number of college credit hours to be considered a transfer student. In addition, as part of your application you may have to forward high school and/or SAT information.
- 3) The application may require an essay and/or recommendation letters. Utilize application guides to write your essay and review it with an English instructor or our office staff. Remember to contact individuals for a recommendation early enough to provide them sufficient time to write a letter. If the application only asks for names of individuals providing recommendations, you still need to obtain permission from these people prior to using their names.
- 4) Send official transcripts from Middlesex and any other college or university you may have attended directly to each transfer institution. Find out if the college or university wants mid-semester grades for your current classes. You will need to forward transcripts at the time of application and at the end of the semester after you obtain all Fall semester grades.
- 5) If you are planning to apply for financial aid, **you must list all colleges on your FAFSA application.** They will determine if you qualify under their guidelines. In addition, the Financial Aid deadline may be before the application deadline. Many are between October 15 and November 1. It is best to apply to the college and complete Financial Aid requirements by October 15 for the spring semester.
- 6) Log onto our Transfer Planning website to access area colleges' admission and financial aid links. Control + Click on this link:
 

[Transfer Planning](#)

 If this all seems a bit overwhelming, please do not hesitate to contact the Career Development & Counseling Center for assistance.

- Over 60 Percent of Students Transferring from a Two-Year College Go On to Complete Four-Year Degrees,
- Most students transfer from two- to four-year institutions without first receiving a credential from the two-year institution, which is consistent with findings from previous Signature Reports.
- Baccalaureate attainment rates were higher for students who transferred with a two-year degree or certificate (72%) than for those who transferred without a credential (56%).
- There is a negligible difference (less than 2%) in completion after transfer between women and men.

*The National Student Clearinghouse™  
Research Center®,  
2013*

## The Career Development & Counseling Center Staff

Middlesex Community College  
The Career Development & Counseling Center  
Founders Hall  
Room 121  
860-343-5826  
Staff:  
Emily Canto, Counselor  
Gail Mozzicato, Counselor  
Heidi Carlson-Kennedy, Secretary

We're on the web: [www.mxcc.edu/cdcc](http://www.mxcc.edu/cdcc)

# Calendar of Events--Fall 2015

<b>September 30</b> <b>OR October 26</b> <b>12 noon-1pm</b>	Room 306 Room 305A Wheaton Hall	<b>GET FOCUSED!</b> Are you undecided about your career or major? Focus 2, an online career exploration system will help you with selecting the right major and planning your career based on talents, interests, values & goals. Students will access the Focus 2 program during this interactive workshop.
<b>Monday</b> <b>October 5</b> <b>12 noon-1pm</b>	Wheaton Hall Room 305A	<b>RESUME WORKSHOP</b> Prepare a professional resume & cover letter that reflect your skills, knowledge, and education as they relate to the job you are seeking.
<b>Wednesday</b> <b>October 7</b> <b>12 noon-1pm</b>	Wheaton Hall Room 204	<b>JOBS, JOBS, JOBS!!!</b> A successful job search starts with good information and well-developed job hunting skills. Learn how to best utilize CCN (our online job board) and LinkedIn to become a successful job seeker.
<b>Tuesday</b> <b>October 13</b> <b>10:30am-1:00pm</b>	Founders Hall Student Lounge	<b>MINI COLLEGE TRANSFER FAIR</b> The following colleges/universities will be here to answer your questions: Central CT State Univ., Albertus Magnus College, Bay Path Univ., UConn, Univ. of New Haven and Post Univ.
<b>Wednesday</b> <b>October 14</b> <b>10:30am-1:30pm</b>	Chapman Hall Rooms 808 A-D	<b>WHAT CAN I DO WITH A MAJOR IN...?</b> Students—come and talk with MxCC Faculty and Staff! Learn about career options in every field of study! Learn about services and resources offered at MxCC! FUN, INFO, and PRIZES!!!!
<b>Tuesday</b> <b>October 27</b> <b>1:00-2:00pm</b>	Wheaton Hall Room 305A	<b>CT COMMUNITY COLLEGE NURSING PROGRAM WORKSHOP</b> Topics include application process, admissions requirements, curriculum and expectations, educational advancement: LPN to RN, RN to BSN, and financial aid.
<b>Wednesday</b> <b>October 28</b> <b>4-7pm</b>	Snow Hall Lobby	<b>UNIVERSITY OF BRIDGEPORT, IDEAL PROGRAM</b> The IDEAL program is designed with the adult learner in mind. Attend class 1 night a week for 3-4 hours an evening in 5 & 8 week sessions. Focus on 1 class at a time. Go at your own pace. Attend class with other adult students. Classes are accelerated, so you can earn your degree quickly.
<b>Wednesday</b> <b>November 4</b> <b>11am-1pm</b>	<b>MERIDEN</b> <b>CENTER</b>	<b>MINI COLLEGE TRANSFER FAIR</b> The following colleges/universities will on our Meriden campus to answer your questions: Central CT State Univ., Albertus Magnus College, Univ. of St Joseph, Univ. of Bridgeport (IDEAL), Sacred Heart Univ., and Univ. of New Haven.
<b>Monday</b> <b>November 9</b> <b>By Appointment</b>	Founders Hall Room 121	<b>INDIVIDUAL APPOINTMENTS WITH CCSU TRANSFER STAFF</b> Back by popular demand! You can schedule a 45-minute appointment on the MxCC campus with Central CT State University transfer staff to review your CCSU transfer plans. Stop by Founders Hall, Room 121, or call 860-343-5826 to reserve your time for November 9th
<b>Wednesday</b> <b>November 18</b> <b>10am-1pm</b>	Founders Hall Student Lounge	<b>ANNUAL COLLEGE TRANSFER FAIR</b> Speak with representatives from 30+ colleges & universities from throughout New England and New York. Stop by the Student Lounge to ask questions and gather valuable information to assist you in making that all-important transfer decision.
<b>Wednesday</b> <b>November 23</b> <b>12 noon-1pm</b>	Wheaton Hall Room 204	<b>RESUME &amp; COVER LETTER WORKSHOP</b> In a tough job market it's more important than ever to have a top-notch resume & cover letter. Start your first or update your existing resume and cover letter.

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## Growth Rate in Degrees Awarded vs. Average Salary

<b>Discipline</b>	<b>Annual Growth Rate*</b>	<b>2007 Average Salary Offer</b>
Visual and Performing Arts	2.6%	\$30,174
Psychology	2.3%	\$31,857
Communications	1.0%	\$32,845
History and Social Sciences	0.8%	\$33,763
Biological Sciences	0.8%	\$33,944
English	0.5%	\$31,924
Business	-0.5%	\$44,287
Computer Science	-0.6%	\$51,992
Health Sciences	-0.8%	\$42,871
Education	-0.9%	\$33,679
Engineering	-2.2%	\$53,710

\*Annual rate of change in the proportion of total graduates represented by discipline between 1985-86 and 2004-05

## Fastest Growing Majors, 2007-2013

	<b>2007</b>	<b>2013</b>	<b>% Change</b>	<b>% of Total Degrees, 2007</b>	<b>% of Total Degrees, 2013</b>
Health Professions	101,550	181,608	78.84%	6.67%	9.86%
Security	38,931	60,322	54.95%	2.56%	3.27%
Recreation	27,410	42,721	55.86%	1.80%	2.32%
Biology	75,132	100,395	33.62%	4.93%	5.45%
Natural Resources	8,656	16,515	90.79%	0.57%	0.90%
Psychology	89,876	114,525	27.43%	5.90%	6.22%
Engineering	67,131	86,047	28.18%	4.41%	4.67%
Public Administration	23,096	31,981	38.47%	1.52%	1.74%
Mathematics	14,956	20,481	36.94%	0.98%	1.11%
Physical Sciences	20,802	27,486	32.13%	1.37%	1.49%

Source for Both Tables: "NACE Journal," April 2015

Dear Students,

Welcome and welcome back. The staff of the Career Development and Counseling Center hopes that you are all off to a wonderful start to the semester. As both the semester and your tenure here at Middlesex progresses, there are a myriad of ways we believe we may be of assistance to you. Here is a quick summary of the services that our office provides:

- Academic and transfer advising
- Career counseling
- Job search and listing information
- Information on scholarships
- Referral for personal issues

So... what do these topics actually mean? Let's take a closer look at each.

Each student is assigned an academic advisor, who is a member of either the faculty or professional staff. This individual is the person who will assist you in selecting courses to meet degree requirements and from who you may gain additional information that will be of assistance to you during your time at the College. Some of you will be assigned an advisor from the Career Development and Counseling Center. In addition our staff provides assistance to all students who are interested in transferring to another college or university after Middlesex to attempt to ensure that the courses that are taken here will be applicable to the intended transfer institution.

Sometimes students are not quite sure what type of career they wish to pursue. The Career Development and Counseling Center staff works with students to aid them in learning more about themselves, the world of work, and how the two might best compliment each other. In an individual meeting, a counselor would attempt to guide you in doing self-exploration to determine some potential career areas to investigate. We also have a computerized guidance system, Focus, that may assist students in learning more about their interests, abilities and values. In addition, the library resources in the Center may provide additional references on careers.

The Career Development and Counseling Center also serves as a central listing place for full and part time job listings. Currently, we are part of an eight Connecticut Community College consortium that shares position listings. Students and alumnae may view job listings within the region as well as on a national level. In addition the staff may be of assistance to you in preparing for a job search. We are here to provide information on resume and cover letter writing, interviewing techniques, and job search strategies.

In the Career Center library, there are numerous resources on careers, majors, job search strategies as well as transfer information and scholarships. Some scholarships are sponsored by individual colleges and universities while others are based on individual criteria. In addition, there are books that list more nationally oriented scholarships.

In the greater Middletown/Meriden area, there are a number of resources available that may be of assistance to students with personal issues. After a consultation with a counselor, you would be referred to the service provider that would be very well equipped to provide the type of support that a student might need.

We hope that these explanations will be of value to you in understanding the types of assistance we may provide. Our website elaborates on these services and has links to a number of our handouts and resources for career, transfer and employment information. To schedule an appointment, please stop by our office in Founders Hall, Room 121 or call us at 860-343-5826.

We hope you enjoy your semester,

The Staff of the Career Development & Counseling Center

