Meriden Resources

**Childcare**

Multiple School Readiness Programs  
Contact: Jessica Stewart  
P: (203)630-4236

After school programs  
Contact: Denise Keating  
P: (203)630-4225  
(Boys & Girls, Girls Inc., Beat the Streets)

Downtown YMCA Childwatch  
Contact: Director of the Meriden Center, Tami Christopher  
P: (203)238-6208

**Health Care**

Community Health Center  
P: (203)237-2229  
Location: 134 State St.

Meriden Health Department Clinic  
Health Screening  
P: (203)630-4234  
Location: 165 Miller St.

Nurturing Families Network  
Free support to first time mothers  
P: 203-237-2229 ext. 6038  
Location: 134 State St.

**Counseling**

Rushford Center  
Mental Health/Substance Abuse  
P: (203)630-5280  
Location: 883 Paddock Ave

Catholic Charities  
Family & Adolescent Counseling Support Groups  
P: (203)235-2507  
Location: 61 Colony St.

Franciscan Life Center  
P: (203)237-8084  
Location: 271 Finch Ave.

Child Guidance  
P: (203) 235-2815  
Location: 144 Pratt St.

**Employment Assistance**

CT Works  
P: (203)238-3688  
Location: 85 West Main Street

**Transportation**

Northeast Transit  
Contact: Joe Zajac  
P: (203)235-6851

**Housing**

Shelter NOW  
Single Men, Single Women, Women & Children  
P: (203)237-4020  
Location: 43 Saint Casimir Dr (Next to Salvation Army)

Chrysalis -Domestic Violence  
Women & Children  
P: (203)238-1501 (24/7)  
 Transitional housing (2 yrs, common bath & kitchen)

Meriden Housing Authority  
P: (203)235-0157

Carabetta Housing  
P: (203)237-7400

Salvation Army  
P: (203)235-6532  
Location: St. Casimir D.
Additional Information & Referrals

211 Hotline (Dial 211) www.infoline.org
2-1-1 provides free and confidential information and referral. Call 2-1-1 for help with food, housing, employment, health care, counseling and more.

Literacy Volunteers
Provide additional support with math, reading and writing.
P: (203) 235-1714
Location: 14 West Main St.

Basic Computer Skills assistance
Meriden Public Library
P: (203)238-2347
Location: 105 Miller St.

CT Works
P: (203)238-3688
Location: 85 West Main St.

English as a Second Language Classes
ESL classes are free for any person who wishes to improve their English language speaking, reading, and writing skills
P: (203)237-0602
Location: 169 Colony St. 2nd floor