College Success Workshop
Middlesex Community College

Date: Friday, March 28, 2014
Location: 808 Chapman Hall (2nd floor)

Agenda:
- 8:30-9:25 a.m. Registration
- 9:30 a.m. Introductions
- 9:35 a.m. Workshop Begins
- 12:15 p.m. Lunch/Conclusion

**RISK AND REWARD:
Helping Students take Calculated Risks on the Path to Academic and Career Success**

Getting an internship, landing that first job, switching career mid-stream, and/or starting a business in today’s workplace can be exciting, anticipated opportunities for students. The volatile economy and rapid change of technology, though, can present challenges and may cause some students to be risk averse. In this workshop, we will first explore what causes students to avoid taking the risks that could earn them the rewards they seek. We will examine the qualities that risk-taking builds and why those qualities will make students more effective academically as well as more valuable employees. Finally, we will explore and try out strategies to encourage calculated risks and promote their value, including academic coaching techniques that build self-reflection and initiative. This workshop is valuable for all staff and faculty who advise, instruct, mentor students, and promote student success.

**Sarah Lyman Kravits** has been an author and educator for over eighteen years, training faculty and students in the area of college success. She is a co-author on the Keys to Success series published by Pearson Education, and has given workshops and seminars on student success topics at a host of colleges around the country. She was a Jefferson Scholar at the University of Virginia, received her Master’s from Catholic University, and teaches the New Student Seminar at Montclair State University.

- No fee
- Register: Please email dbontatibus@mxcc.edu by March 20 and indicate that you would like to attend.
- Parking Lot: alongside Chapman Hall (Once on Training Hill Road, take the first left.)
- Address & Directions
  100 Training Hill Road
  Middletown, CT 06457
  
  [http://mxcc.edu/community/directions/](http://mxcc.edu/community/directions/)

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